

JUBILEE 2025



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

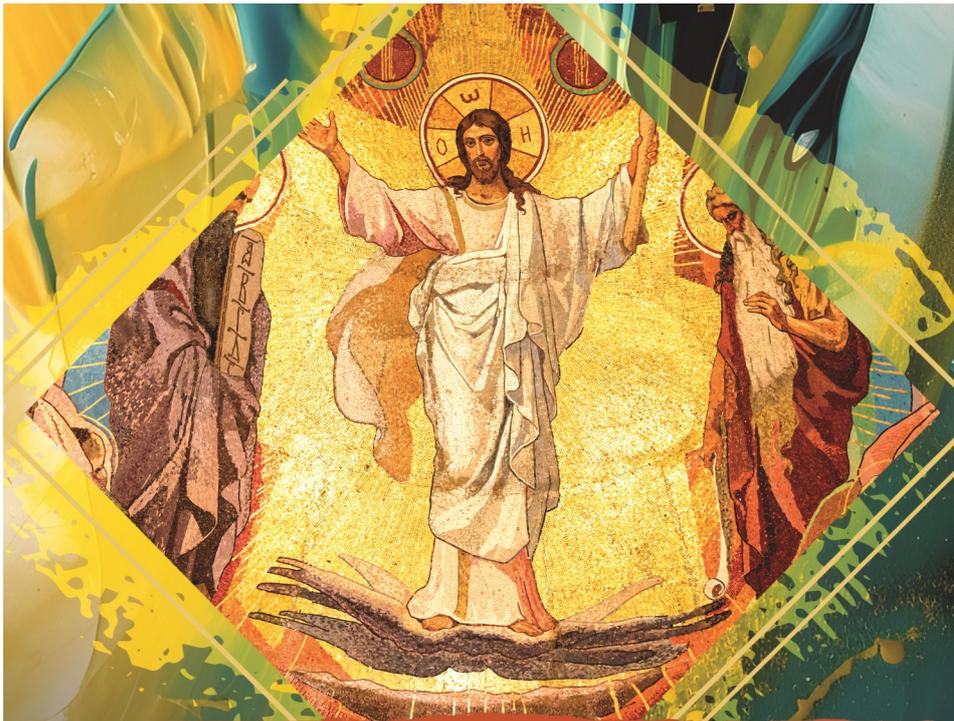


**16
MAR
2025**
YEAR C

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email comms@nhcatholic.org.au



2ND SUNDAY OF LENT

"This is my chosen Son; listen to him."
- Lk 9:35

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

1ST READING

Genesis 15:5-12. 17-18

The Lord establishes a covenant with Abraham.

RESPONSORIAL PSALM

Ps 26:1. 7-9. 13-14. R. v.1

The Lord is my light and my salvation.

2ND READING

Philippians 3:17 – 4:1

Our citizenship is in heaven.

GOSPEL ACCLAMATION

Matthew 17:5

*Glory and praise to you,
Lord Jesus Christ!*

From the shining cloud the Father's voice is heard: this is my beloved Son, hear him.

*Glory and praise to you,
Lord Jesus Christ!*

GOSPEL

Luke 9:28-36

*Jesus is transfigured before Peter,
James and John.*

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am

1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am

Saturday (Vigil), 5.30pm

Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am

1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



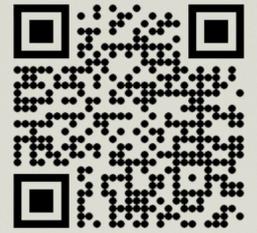
WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH

- ✉ OFFICE@NHCATHOLIC.ORG.AU
2 KING STREET, MANLY VALE 2093 NSW
- 🌐 WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
- ☎ (02) 9949 4455

Scan me!



WHY DO WE DO THAT? Catholic Life Explained

Question:

Can you recommend some good books for Lenten spiritual reading?

Answer:

On more than one occasion, a coach being interviewed about his team--successful or not--will be asked about the next step. The inevitable response includes something about getting back to basics. Reviewing the fundamentals of the sport strengthens performance and builds confidence.

The best Lenten reading takes us back to the fundamentals. If Lent is the time for the Church to be on retreat, then we should focus on the texts that help us deepen our understanding of our faith. Spend time reading one of the Gospels, and use a Scripture commentary to learn all you can about the passion of Jesus. Read about the lives of the saints, especially your patron saint and that of your parish. Perhaps there is some candidate for sainthood, like Blessed Carlo Acutis who will be canonized this April. Finally, you can use the Catechism of the Catholic Church to learn more about the church's teachings and beliefs. The sections on prayer and the Mass are really great reflections. Focusing on the basics really helps us take another step forward in our faith. We have not only a better understanding of what we believe and practice, but also why we believe. With that belief comes the confidence we need to be better, more faithful witnesses to Christ. ©LPI

BRINGING HOME THE GOSPEL

Like Peter, James and John, we, too, sometimes have mountaintop experiences. It is easy to pray at those times—to praise God or just sit in quiet meditation. In those brief, personal encounters with the divine, our prayers can become deeply private and powerful. However, as this Scripture reminds us, we can't stay on the mountain.

More common are our valley experiences with prayer: times when we are plugged into every distraction around us, and God feels an eternity away. Spiritual masters tell us that those prayers that seem empty and monotonous can be even more valuable than a mountaintop experience.

Those same masters remind us that while alone time with God is valuable, often Christians pray best together. Christians are not theists who believe in a totally personal, one-on-one relationship with God. We are a covenant people who believe that together we are the body of Christ. We believe in the Incarnation—God is with us and in us. We don't have to go to mountaintops or valleys to encounter God, because we find God all around us in everyone we meet.

We find God in other people, in our parish church and in our homes. This is why communal and family prayer is so important. Every Sunday, we gather to pray together with our parish family. And so it should be with our immediate family. Choose a prayer space in your home, and gather on a regular basis. You may be surprised to find how this not-so-quiet family time can provide transfiguring moments when a kitchen or living room can seem like a mountaintop.

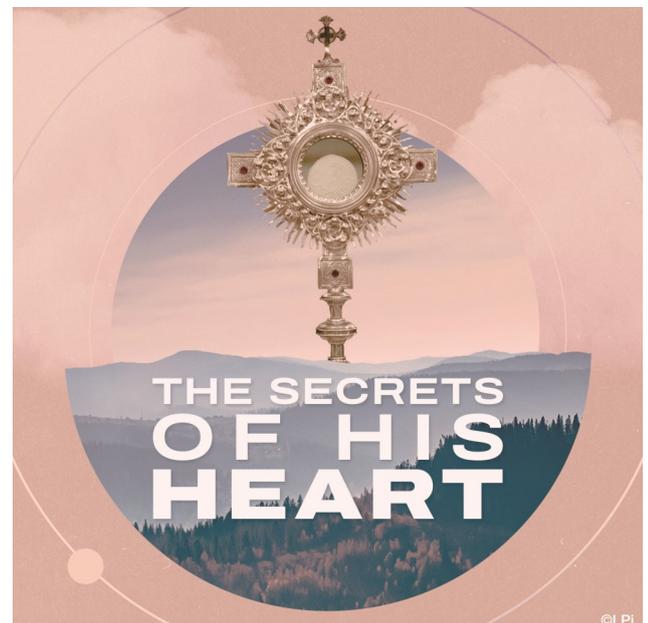
FAMILY RESPONSE:

Plan some time each day when your family can pray together. Gather in the same place, light a candle, join hands, say a simple prayer like the Our Father and then let people add their own prayers.

PERSONAL RESPONSE:

Are you comfortable praying with others? With whom do you pray? How often?

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WEEKLY SOCIAL JUSTICE CHALLENGES

Luke's Gospel retells the story of the Transfiguration of Jesus. God tells the apostles to listen to his beloved son, Jesus. We too are called to listen to him, and to follow him as missionary disciples. Your challenge this week is to listen to Jesus' call to be people of justice and service. How can you live out Jesus' teaching that what we do for the least of our brothers and sisters, we do for him? Who needs love and support in your life?



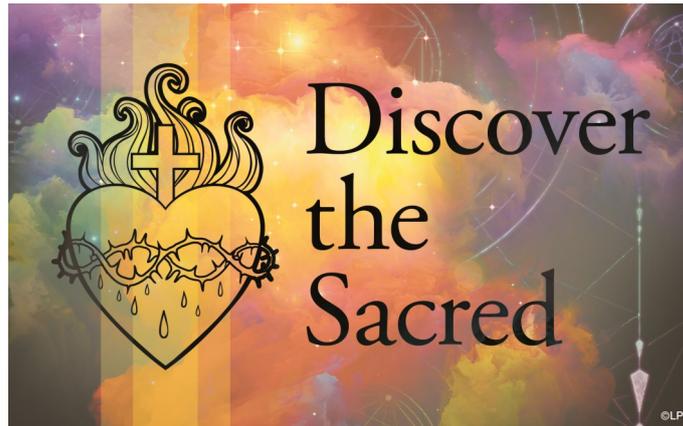
PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

CARE FOR CREATION TIPS

Besides perhaps fasting from sweets, caffeine, or alcohol during Lent and being more conscious of those who are hungry some or most days, this is the perfect time to be more intentional about cutting food waste. Almost 30-50% of food produced globally is wasted. With food waste comes the waste of water, energy, and land. Are you served too much food at a restaurant? Be sure to bring it home and enjoy it again the next day. Only buy large quantities of an item if you know you can finish it before it goes bad. If you have too many leftovers for yourself or your family, bring some to a neighbour who might welcome the gift. If you have extra produce from your garden or fruit trees, donate it to a local food bank or look for a gleaning group that will pick the excess and donate it for you.

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SICK CALLS AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

BUSINESS HOURS:
PARISH OFFICE—9949 4455

AFTER HOURS:
(Evenings & Weekends)
0490 898 464



Frederick George Minehan
Son of Christopher and Monica

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Odette James, Peter and Jan Van de Velde, Mark Hansen, Joyce Arnold, Cecilia Yeung, Erroll Abbott, Greg Hyde

RECENTLY DECEASED:

Sr. Josephine McGarry, Frederick Kempson

MEMORIALS:

ANNIVERSARIES:

Our community would love to pray for you. If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au



Come together to reflect, pray and fundraise for vulnerable people around the world

Caritas AUSTRALIA | **PROJECT COMPASSION**

CATECHISTS NEEDED!

WEEKLY COMMITMENT:
30 MIN TEACHING TIME
30-60 MIN PREP TIME

NO TEACHING EXPERIENCE NECESSARY! MANUAL AND WORKBOOKS PROVIDED

TEACHERS NEEDED AT:
BALGOWLAH HEIGHTS PS (KINDERGARTEN, TUESDAYS (10:30AM-11:00AM) - 13 STUDENTS
BALGOWLAH NORTH PS YEAR 3/4, THURSDAYS (1:40PM - 2:10PM) - 27 STUDENTS
YEAR 1/2, THURSDAYS (2:10PM-2:40PM) - 33 STUDENTS

“AS CATECHISTS, WE ARE BOTH TEACHER AND COMPANION.” POPE FRANCIS

EXPERIENCE THE JOY OF BECOMING A CATECHIST AND SHARE YOUR FAITH WITH THE CHILDREN OF OUR PARISH.

CAN YOU HELP? CONTACT URSULA HALLOWAY ON 0423 595 204 OR EMAIL CATECHIST@NHCATHOLIC.ORG.AU

HAPPENING NEXT WEEKEND

in our Parish

Parish Family Mass
5:00PM, Sunday, 23 March
St Kieran’s Church
followed by supper

Children’s Liturgy of the Word
Sunday, 23 March
9:00AM, St Cecilia’s Church
9:30AM, 5:00PM, St Kieran’s Church
Children are invited to participate in prayer, activities and song during the Sunday Mass.



Remembering Guy Griffiths (Erica’s Dad – Harvest) on the first anniversary of his passing. An amazing life for a wonderful man whose memories remain strong.

PARISH FAMILY MASS

Sunday, 23 March | 5:00PM
St Kieran’s Manly Vale

Please bring a plate to share during supper after Mass. Suggestions include pasta, rice, casseroles, or garlic bread. Please leave all food in the Parish Centre prior to Mass and take home any leftovers when you leave. Thank you!



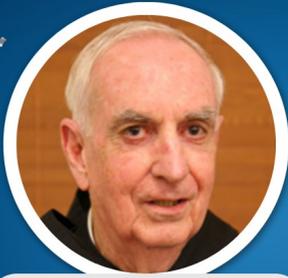
Lent Reflection Evenings

EVERY MONDAY DURING LENT
7:30PM IN PARISH CENTRE

Leader: Fr John Zhang
All are welcome!



WELCOME HOME!



Fr John McCall

Coming back to Manly Vale parish this week was a real coming home for me. My family were members of this parish before the Augustinians arrived. We became an integral part of the new community forming here, and it was not long before I asked to join the Order.

After studying in America for six years I returned, newly ordained, to celebrate Mass in the parish with my father serving, in August 1962. Since then, I have taught in both our colleges over 30 years. In 1994 I spent two years doing further study in spirituality in America, and with Fr Dave Austin OSA began our new Spirituality Centre in Greystanes. Now 92 years old I have come home.

MASS OF ANOINTING OF THE SICK

WED 19 MARCH
10AM
ST KIERAN'S CHURCH

MORNING TEA TO FOLLOW AFTER MASS AT THE PARISH CENTRE

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LENT REFLECTION BOOKLETS AVAILABLE NOW IN OUR CHURCHES

STATIONS OF THE CROSS

FRIDAYS DURING LENT, 7:30PM, ST KIERAN'S

Join us for this time of prayer and reflection on the Passion and Death of Jesus.



CARPARK CLOSED

The parish carpark at St Kieran's will be closed for maintenance on **Saturday, 29 March** from 7:00AM - 4:30PM. If you attend 8:30AM Mass on Saturday, please park in Gordon St or King St. Thank you!

ST CECILIA'S SCHOOL NEWS

As we head into Week 7 of Term 1 at St Cecilia's, we are looking forward to showcasing our wonderful school to prospective families at our Open Day on Wednesday 19th March. Our Senior students are looking forward to leading school tours from 9.15am before assisting in the school hall at approximately 9.30 for our Principal Address and special choral presentation by our current Kindy students. We will be joined by our colleagues from the CSBB Southern Precinct, Mr Mark Robinson (Precinct Lead) and Ms Gabie Stojanovski (St Paul's College, Principal), who will be available to discuss the K-12 pathways on offer at Catholic Schools Broken Bay available to all families.

At St Cecilia's we began the Lenten season of prayer at our Ash Wednesday Mass, presided by Father John. Students have also been learning about this important season within our Catholic Church in the classrooms with their teachers and with visits from Fr John. Our School Liturgy/Social Justice captains spoke to their peers at assembly about Project Compassion and the importance of one of the pillars of Lent – Almsgiving – to share with those in need. This is an opportunity for families and students to give a gold coin or two to the Project Compassion box to help raise money for the Caritas initiative for 2025, to unite against poverty.



Sharing the Gospel

Peter, James, and John saw white rays of light glow all around Jesus. When you are baptized, God's light of forgiveness glows from your soul. It erases all the sin. Every morning, God sends his grace to help you start each day as a new person. God's grace helps you to stay away from evil. It's like a lunch box God gives you every day of your life. Pick it up on your way out the door.

Prayer

Lord, help me forgive those who hurt me.

Mission

I will not whine and beg when my parents say "No."

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COLOR

Read the Gospel of the week and color the image.





*My God, let me remember You with thanksgiving and
proclaim Your mercies to me.*

Confessions 8, 1
- St. Augustine of Hippo

NEXT WEEKEND (23 MARCH 2025): 3RD SUNDAY OF LENT, YEAR C

<p>1ST READING Exodus 3:1-8. 13-15 <i>The Lord calls Moses from a burning bush.</i></p> <p>RESPONSORIAL PSALM Ps 102:1-4. 6-8. 11. R. v.8 <i>The Lord is kind and merciful.</i></p> <p>2ND READING 1 Corinthians 10:1-6, 10-12 <i>We must learn from the example of our ancestors.</i></p> <p>GOSPEL ACCLAMATION Matthew 4:17 <i>Glory to you, Word of God, Lord Jesus Christ!</i> <i>Repent, says the Lord; the kingdom of heaven is at hand.</i> <i>Glory to you, Word of God, Lord Jesus Christ!</i></p> <p>GOSPEL Luke 13:1-9 <i>The parable of the fig tree.</i></p>	<p>22 MAR, 5.30PM ST KIERAN'S</p> <p>Senior Server Louise</p> <p>Readers Ronda Val Maria</p> <p>Music Parish Choir</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>23 MAR, 7.30AM ST KIERAN'S</p> <p>Senior Server Anna</p> <p>Readers Lea Tim</p> <p>Music none</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>23 MAR, 9AM ST CECILIA'S</p> <p>Senior Server Antoinette</p> <p>Readers Cathy/ school readers</p> <p>Music tba</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>23 MAR, 9.30AM ST KIERAN'S</p> <p>Senior Server Joseph</p> <p>Readers Kaye Anne</p> <p>Music tba</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>23 MAR, 5PM ST KIERAN'S</p> <p>Senior Server Michael</p> <p>Readers Leanne Caroline Christine</p> <p>Music tba</p> <p>Communion Min Volunteer needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>
	<h3>OBSERVANCES FOR THE WEEK OF 16 MARCH</h3>				
	<p>Mon 17 Mar: St Patrick, bishop</p>				
	<p>Tue 18 Mar: Tuesday of the 2nd Week of Lent, Year 1</p>				
	<p>Wed 19 Mar: St Joseph, Spouse of the Blessed Virgin Mary</p>				
	<p>Thu 20 Mar: Thursday of the 2nd Week of Lent, Year 1</p>				
<p>Fri 21 Mar: Friday of the 2nd Week of Lent, Year 1</p>					
<p>Sat 22 Mar: Saturday of the 2nd Week of Lent, Year 1</p>					

The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

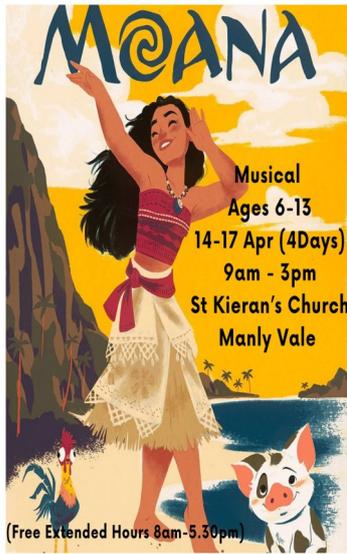
Parish Staff
Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au
Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Parish Manager: Jacky Worthington E manager@nhcatholic.org.au (Mon, Wed, Thu)
Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Tue, Wed)
Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au
Media & Communications: Sophie Taylor E comms@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au

Resident Priests
Fr Minh-Tan Hoang, OSA E minhtanhoang@yahoo.com.au (Chaplain, St. Augustine's College, Brookvale)
Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)
Fr Paul Maloney, OSA E paulmal@bigpond.com (Retired)
Fr John McCall, OSA E jmcosa@bigpond.net.au (Retired)
Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)
Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

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Principal: Ms Louise O'Brien



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Principal: Ms Anna Marsella



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North Harbour
PARISH

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